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The Power & Influence Academy (Video Scripts)

21 Power Of Discipline

--- VIDEO #1: --

Title: The Power Of Discipline

If you want to achieve anything in life you have to get up and go for it and apply a good dose of discipline. Your actions can bring you the finer things in life, but they can take it all away if you do not have discipline.

--- VIDEO #2 --

Title: Self-discipline is a choice available to every one of us.

Anyone can master self-discipline because being disciplined is a choice. It is a choice that will assist you in reaching your goals and living the life you want. Once you choose to live an orderly life that's centered on regulating your behaviors you are already one step ahead of everyone else. That is because disciplined people never allow emotions to detect whether or not they will be working or studying. They schedule tasks and get to work. They set goals and begin working on them without relying on feelings or what's happening around them.

--- VIDEO #3 --

Title: Self-discipline begins by knowing your goal and purpose.

Being disciplined starts with knowing your goal or purpose. It requires you to know the type of person you need to be in order to be genuinely happy and be helpful to the people around you at the same time. In other terms, you need to be motivated by something that gives life meaning to be disciplined.

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--- VIDEO #4 --

Title: Take time to know yourself to better manage yourself discipline and go after your goals.

Knowing yourself takes some concentrated effort but the results are marvelous. Nothing beats the confidence of telling someone they are wrong in their assumptions about you instead of being tossed about by other people's opinions about you. When you can confidently state your strengths and even weaknesses you are miles ahead in your journey. Take time therefore to find yourself out, challenge your belief systems, and change your philosophy if need be. Once you know how strong your influence is then can you know exactly how to use it.

--- VIDEO #5 --

Title: Without self-discipline, you will always have trouble achieving your goals.

Lack of discipline is the main reason many people fail to work on their goals, manage their time wisely, or meet deadlines. This is because without discipline it is impossible to retain focus and accomplish anything meaningful. If you decide to pursue self-discipline you must see to it that the change comes from a positive stand. Make sure you are able to measure your success so that you can reward yourself accordingly. Affirm and reaffirm yourself, smile, and clap hands for yourself and maintain a joyous atmosphere through it all. Successful people not only understand the importance of self-discipline in their lives and work but they also embrace it. If you think of self-control as a duty you will fail to take advantage of the many benefits that disciplined people have available to them because of appreciating the value of having control over their lives.

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--- VIDEO #6 ---

Title: Your discipline is aligned with your dreams.

We cannot separate discipline from hard work. Neither can we separate hard work from success. Your discipline builds from an area of expertise. Whatever you put your time, talent, and energy into is what you get. Your discipline should be aligned with your dream. As you sow, so shall you reap. Laziness, inconsistency, and lack of commitment reap no results. The amount of effort and hard work you put in following your dream nature its outcome.

--- VIDEO #7 ---

Title: Reinforce good behavior by rewarding yourself.

Celebrate your wins to reinforce good behavior. It helps when you to set daily targets and once you reach them, reward yourself with thirty minutes or an hour of relaxation doing something fun that you love doing. As you progress, increase the intensity of your goals and continue to reward yourself. Eventually, you will notice a positive shift in your behavior and discipline levels.

--- VIDEO #8 ---

Title: Self-discipline causes you to make progress.

If you want to get ahead and move from the rut you are stuck in then a firm hand upon yourself will go a long way in making sure that happens. Demanding of yourself nothing short of excellence and putting up a system of rewards and denial of benefits will certainly cause you to move forward in your life.

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--- VIDEO #9 --

Title: Discipline gives you complete control of your life.

Feeling that you are in charge and not some unknown force causing you to do things in a manner you don't like is another convenience that comes with developing self-discipline. Your confidence is boosted and you discover just how excellent you can be in every area of your life. Give yourself this satisfaction by practicing winning strategies every day. The more you win the more confident you become thereby positioning yourself for even more wins.

--- VIDEO #10 --

Title: Know what distracts you and get rid of it.

Distractions are the enemy of progress. How many times have you thought you were going to do something only to realize you are nowhere closer to completion when the day is done? Getting rid of interruptions when working or studying is easy. You first need to know your weaknesses. What distracts you? What often gets in the way of getting things done?

---- VIDEO #11 --

Title: Influence the people around you to maintain your self-discipline.

If you find that you are capable of influencing your companions with little or no hustle then go ahead and help them see the importance of self-discipline. Graciously let them in on your routines that establish and ensure your orderliness. Take them on this beautiful journey with you, you could even act as their mentor as you assure them that your door is always open as are your ears to them for assistance. If you are the sort of person that can stand his ground firm, this should prove not to be difficult.

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---- VIDEO #12 --

Title: It takes self-discipline to recover from a setback.

It takes discipline to continue working or studying after drastic failures. It takes a certain level of commitment and a true sense of purpose to know that your success is not determined by your failures but by your willingness to get back up and give it yet another shot after falling. You need to cultivate self-control if you are to accomplish anything in life. Whether you are a business owner, an employee, or a student. You must be disciplined enough to keep working, studying, and progressing. That is the only way of achieving your set goals.

---- VIDEO #13 --

Title: Poor Time Management And Procrastination Are Signs Of An Undisciplined Life.

Poor time management leads to procrastination and poor performance. That is why understanding the importance of disciplining yourself to work without being influenced by internal or external factors matters. Failing to manage your time wisely means failing to assign time to tasks which often leads to work overload. Working under pressure can cause you to fail in things that you would have succeeded in were you to approach your work wisely and time-consciously.

---- VIDEO #14 --

Title: It helps you manage your time wisely.

Time management is crucial to your growth and well-being. Discipline can give you more control over the way your time is spent. It will teach you to handle your time wisely and avoid wasting time on activities that are not linked to your progress.

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---- VIDEO #15 --

Title: Replace bad habits to have better control of your life.

The best thing about bad habits is that they can be replaced. If you are tired of living an undisciplined life you can start replacing bad habits with acceptable ones. If you are tired of constantly putting off important work for later, figure out what causes you to procrastinate and slowly begin replacing it with a better habit. One that will cause you to automatically begin working or studying and turn it into a routine.

---- VIDEO #16 --

Title: Being disciplined improves your focus levels.

The best thing about being disciplined is that it enables you to retain your focus. You refuse to give in to “I am too distracted to work” and let “This needs to be done” govern how you work. Self-control is an admirable character trait to have but it does not come easy. However, understanding that it starts from within will help you realize that it can be cultivated. The minute you decide to exercise will power and have control over your work or study is the minute you take a significant step in the right direction.

---- VIDEO #17 --

Title: Self-discipline helps you eliminate destructive behaviors.

Are distractions in the way of reaching your goals and sticking to your schedule? If yes, recognize that it doesn't have to be that way. You have what it takes to get rid of interruptions when working or studying. It is an attribute that is within. One that can only be brought to life by giving it the kind of attention that is needed. What does that mean? It means that discipline is a character trait that you have. The only reason it hasn't begun manifesting in your life is that you have not yet started cultivating it. Once you commit to having a certain level of self-discipline in all your endeavors, you will recognize how effortlessly discipline comes.

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---- VIDEO #18 --

Title: Control your environment for enhanced productivity.

Your mind is influenced by external factors. That is why tidying up your desk and working on an orderly environment is important. Clearing up your work area will have a positive impact on your work and it will make it easier for your mind to focus. There are some distractions you cannot avoid when working especially when you have a home office or when you are sharing your office space. This is where coming up with effective ways of minimizing interruptions comes in. For example, tell everyone at home that you will not be available for the next 3 hours or so if you have a home office. Put on headphones and tell your co-workers that you are not to be disturbed for a certain period if you are in a shared office.

---- VIDEO #19 --

Title: Patience and persistence can help improve your discipline levels and value.

Being patient with yourself and with life in general, the ability to wait for things that are right for you, and the ability to keep going even when you face challenges increase your value in so many ways. You become a strong person and you learn from your experience as opposed to people who prefer to cut corners. If you are patient in the processes that are helping build a better person in you, you will have a clean journey to access and avoid choices that may haunt you in the future. This includes avoiding acting out of desperation which can land in situations that you will always regret or in the hands of people who will make your life hell. Such situations and people eventually take ownership of your life and your self-worth is lost.

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---- VIDEO #20 --

Title: Being disciplined improves your productivity levels.

A disciplined life is the only life that has the power to positively influence your performance as well as your productivity levels. So, if your work output has been giving you headaches lately, prioritize mastering self-discipline to begin experiencing substantial changes.

--- VIDEO #21 --

Title: Self-discipline can help you make smarter decisions.

Successful people know the significance of self-restraint in making smart decisions that is why they have chosen to let it govern the way they work and behave. Making smart decisions becomes second nature when you have discipline because it enables you to think with your head and not your emotions. This doesn't mean disciplined people aren't emotional. They do experience emotions but they never allow their feelings to influence their decisions. Big or small.

The Power & Influence Academy (Video Scripts)

21 Power Of Entrepreneurship

--- VIDEO #1: --

Title: The Power of Entrepreneurship

You can have dreams, goals, and objectives, but all of it means nothing if you don't act. Dreams without an entrepreneurial mindset will remain just dreams.

If you want to achieve anything in life you have to get up and go for it. Entrepreneurship can bring you the finer things in life, but they can take it all away if you do not act correctly.

--- VIDEO #2 --

Title: An entrepreneurial mindset can improve your performance.

The best way of improving your productivity levels and ensuring you always deliver beyond expectations is by adopting the entrepreneurial mindset. This is because it keeps you focused on providing excellence, living beyond expectations, trying out new things, improving your skills, taking risks, facing challenges, as well as finding new ways of approaching or dealing with mistakes.

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(Video Scripts)

--- VIDEO #3 ---

Title: Pair your entrepreneurial mindset with action to achieve your objectives.

An entrepreneurial mindset is a state of mind (beliefs, thoughts, and expectations) that sets a constant need and drive to improve one's skills, opportunities, and to take persistent actions on one's ideas. It is a growth mindset that helps you succeed in a world of business. An entrepreneurial mindset coupled with consistent action is the key to achieving and sustaining your business.

--- VIDEO #4 ---

Title: You can develop and nurture an entrepreneurial mindset regardless of where you come from.

Whatever mindset we have, consciously or unconsciously, comes from our surroundings. Our upbringing, past experiences, beliefs, social norms, and culture. A person born and bred in a society of poverty and hustling to make ends meet might never think of himself or herself as a business owner one day. Their thoughts are limited to survival. But, if these people develop an entrepreneurial mindset from a young age, their beliefs will circle around, creating room for change and transformation.

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(Video Scripts)

--- VIDEO #5 ---

Title: Become an entrepreneur and enjoy a flexible schedule.

One of the most enjoyable things about being an entrepreneur is the flexibility that comes with it. You have the privilege of working on your own terms and choosing the method of tackling work that suits you best. Instead of doing such and such at a fixed time as your manager advises, you get to pick what you want to work on, when you want to begin, and how you are going to get it done. This enables you to have more time to spend with your loved ones, take care of yourself the best way possible, and do your work the most efficient way that you are comfortable with.

--- VIDEO #6 ---

Title: With entrepreneurship you can pursue a career that is in line with your values.

Most people lose enthusiasm and passion where work is concerned because their job descriptions aren't in line with their values. You may have chosen your career because of the money or because of the simple fact that it was the only option you had at the time. However, becoming an entrepreneur is the best way of keeping your spirits up, retaining your enthusiasm, and remaining passionate about your work because you are doing what you love. Choosing entrepreneurship empowers you to pick any career you desire and pursue one that's in line with your values. You easily avoid career paths that will have a negative bearing on your conscience or belief system and pick ones that are in one accord with your principles.

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--- VIDEO #7 ---

Title: Entrepreneurship solves problems and helps businesses evolve.

The heart of entrepreneurship is problem solving. Most successful entrepreneurs in history and to date saw a need in the market and met that need. They see gaps in the supply chain and are quick to fill them, making a profit by ensuring customer satisfaction. Entrepreneurs are always seeking for creative ways to do business whilst the big corporations resist change in favor of comfort and experience. This is how many new companies emerge more powerful in modern times.

--- VIDEO #8 ---

Title: Entrepreneurship allows you to have more control over your business.

The best thing about entrepreneurship is that it gives you more control over your business and work. As an entrepreneur, you get to choose who you want to work with and easily avoid people you are not comfortable getting into business with. You select your business partners and clients and get to choose your employees. You have a higher chance of taking your business to the next level and succeeding in life when you have more control over what you do, how you do it, and who gets involved in it.

--- VIDEO #9 ---

Title: Entrepreneurship causes you to be intentional with your time and actions.

As an entrepreneur, you understand that your actions and choices have a direct impact on your business and so you become intentional with every decision you make. You focus on doing things that get you a step closer to fulfilling your main aim. You become intentional with your time and prioritize intentional actions.

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--- VIDEO #10 --

Title: To be a successful entrepreneur you need to surround yourself with the right people.

People who will challenge you to grow, pursue your dreams, and try out new things are the kind of people that successful entrepreneurs surround themselves with. The best thing about surrounding yourself with people who have a positive outlook on life is that you are encouraged to chase your dreams, fulfill your destiny, and quickly recover from failure.

---- VIDEO #11 --

Title: Entrepreneurial habits need to be nurtured.

As a business person, It is not enough to just have the skills. You need to adapt and reinvent yourself constantly. Entrepreneurial thinking is expansive. A person can learn, develop, and foster some new characteristics of an achiever. This entrepreneurial character is nurtured by training your thought habits. An entrepreneur's creativity increases if he or she is a flexible thinker. You can learn to nurture that innovative mindset by learning from a mentor, reading books of various skillsets, and networking with other entrepreneurs.

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---- VIDEO #12 --

Title: Do not be afraid to start small.

Starting small gives you confidence while it gives you a solid foundation and an appreciation of seemingly small things. It is easier for someone who knows how to start small to bounce back after a setback than it is for someone who is only used to the high life and having plenty. Starting small also teaches us patience, perseverance, and positivity. However, it is important to ensure that you have incremental steps planned. As you get the first few steps figured out, you will need to take a few more steps than you were taking previously to be more productive and keep moving to greater heights. Do not be content with having little when you can do and have more.

---- VIDEO #13 --

Title: Do not be scared to talk and share your ideas with other people.

Some people are scared to share their dreams or plans with others in fear that they might lose those dreams. That comes with a price; a missed opportunity to grow through learning from others and sometimes a missed opportunity to turn the dream into reality. Discussing our ideas with the right people opens the door for suggestions and points mentioned in passing that can help us develop our plans. As you share your ideas with other entrepreneurs, you do not only get a chance to learn from them. You might discover that the other person has a dream almost similar to yours which, when combined with yours, can result in something greater than what the two of you could have imagined.

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(Video Scripts)

---- VIDEO #14 --

Title: You can be an entrepreneur in your place of work.

Entrepreneurship is not only about starting your own business. You can still have an entrepreneurial mindset while working for an existing organization. You can find creative ways to discover problems or gaps within your organization's system and offer solutions that improve how you do business. All you need is passion, hard work, resourcefulness and the mindset of a problem solver.

---- VIDEO #15 --

Title: Entrepreneurship is powering world economies.

Products and services offered by entrepreneurs can stimulate related businesses to support their venture, furthering economic development. In such an era as this, the ability to be adaptive and dynamic is a survival skill everyone should have. Entrepreneurship is providing a change of perspective and approach to how the world works, innovation becoming the order of the day as our thoughts and actions become elevated. Merging business with sustainability and solutions to community problems, that is the future.

---- VIDEO #16 --

Title: Entrepreneurship gives you more control over your work.

The most effective way of finding work-life balance is by having more control over your work or your life. Fortunately, entrepreneurship guarantees that. It gives you the flexibility you need to work on your business and simultaneously maintain healthy personal relationships. Instead of worrying about having too much work and not enough time for social relations or other activities, you control your schedule. You set aside time for work and also allocate specific hours to connecting with your friends or family.

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---- VIDEO #17 --

Title: There is perseverance in entrepreneurship.

Finding a lasting solution to a problem does not happen overnight. It requires careful study of the obstacle. If you hit a wall in trying to solve the issue at hand, do not take it as a sign of defeat. Do not give up when faced with a problem.

---- VIDEO #18 --

Title: Build sustainable and long-lasting relationships.

The only way of finding real happiness in life and remaining sane amid all the bad news that we are bombarded with from across the globe is by forming and maintaining healthy relationships. You need people to unwind and relax after a long day. You need people to encourage you to move forward when you feel you can't and to challenge you to grow. Being an entrepreneur teaches you the value of having the right people in your life. It teaches you that there is no limit to how far you can go with the right support or sources of inspiration in your corner and so making time for healthy relationships becomes part of your top priorities.

---- VIDEO #19 --

Title: You can become the best version of yourself through entrepreneurship.

Entrepreneurship fixes your attention on becoming the best version of you there is. It keeps you concentrating on stretching your abilities and seeing how far you can go. It encourages you to step into uncharted waters and motivates you to aim as high as you possibly can. Living to the best of your abilities makes it easier for you to pursue any goal you set for yourself and enjoy life more. It opens innumerable windows of opportunities that you never dreamed possible and empowers you to avoid activities that have the power of delaying your progress.

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---- VIDEO #20 --

Title: Entrepreneurship keeps you moving forward despite what happens.

Entrepreneurship helps you improve your life by fixing your eyes on the main goal which enables you to keep moving forward despite what happens. Concentrating on where you are going as well as what you want to achieve in the long run helps you to take the required steps to move forward and prevents you from allowing setbacks to stop you from doing what needs to be done.

--- VIDEO #21 --

Title: It keeps you focusing on advancing your knowledge.

The best thing about entrepreneurship is that it turns you into an avid reader. Your goal is to provide exceptional services to clients and become the best at what you do and so you keep searching for the best methods of doing so. You read more than you ever did before. You enroll in online courses that teach you all you need to know about your line of work and empower you to move forward.

The Power & Influence Academy

(Video Scripts)

21 Power Of Forgiveness

--- VIDEO #1: --

Title: The Power Of Forgiveness

So widely spoken about is the Title of forgiveness yet so many of us struggle with the accuracy of its details and how to carry it out. This is because there are basic truths about it which when not backed up with explanations and living examples become hard to swallow.

--- VIDEO #2: --

Title: Bitterness prevents you from reaching your dreams

Refusing or failing to forgive places a heavy burden on one's soul because it keeps you focusing on the wrong that was done as well as the person who wronged you. Thoughts of anger, pain, resentment, and sometimes self-pity gain the upper hand in everything you do. You daily reflect on the incident and how you didn't deserve what happened to you and end up giving room to feelings of self-doubt that end up lowering your self-esteem.

--- VIDEO #3: --

Title: There is peace in forgiving someone

The thought of forgiving someone who put you through all the pain and perhaps trauma you experienced is difficult. But knowing the negative impact that bitterness has on your overall wellbeing will help you recognize that your peace is more important than holding on to bitterness and choose to let it go. Keep reminding yourself that your goal is to live peacefully, happily, and purposefully and replace anger with cheerfulness.

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(Video Scripts)

--- VIDEO #4: ---

Title: Free yourself from the bondage of bitterness

Holding on to grudges only holds you back, stops you from seeing the light in the dark, and keeps you from fulfilling your most noble aims. When you forgive, you free yourself from anger, and hatred. It protects you from living a life that is centred on bitterness or revenge. Therefore, learn to forgive all wrongs and learn to say "*I forgive you*" even when you feel the wrongdoer doesn't deserve it.

--- VIDEO #5: ---

Title: Forgiveness sets you up for a better life

Understanding that the difficulties you face are tests that come to strengthen you, refine you, eliminate unhealthy relationships, and improve your life will help you to forgive, learn from other people's mistakes, make progress, and never be controlled by other people's deeds or words. You empower yourself to never live a life of pain, misery, resentment, or hatred.

--- VIDEO #6: ---

Title: Understand why you are forgiving someone

Forgiving heals us more than it heals the one who did us wrong. Sometimes we feel as if the other person does not fully deserve our forgiveness and so we cling on to that boiling rage inside us. So, we have to understand the real reason why we are forgiving. If our reasons stem from all the wrong motives, there won't be any forgiveness that may result.

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--- VIDEO #7: --

Title: Forgiveness does not diminish the wrongs done against you

Forgiveness does not mean you are denying what happens. Neither does it mean the person is off the hook for what they did and that they are free to walk all over you again. It certainly does not mean you are weak. It however takes a lot of courage to break those chains that link you to the past wrongs. Forgiveness helps us move on from feeling like a victim and so we can move on with our lives.

--- VIDEO #8: --

Title: Make a conscious effort to forgive

After we have realized why we want to forgive, we have to make a very conscious effort to commit ourselves to fully wiping the slate clean. It is a very much conscious choice to forgive. You have to do it very mindfully. It might mean that we have to make it like a challenge, giving ourselves targets.

--- VIDEO #9: --

Title: Your time is precious, be quick to forgive

Life is short. Realize today that your time on earth is precious. So, choose to focus on good things instead of dragging the negativity of forgiveness with you. Train yourself to focus on creating as many beautiful memories as possible while you live and forgive people even before they ask for it.

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--- VIDEO #10: --

Title: Forgive and set healthy boundaries

Learning to forgive is crucial for all relationships. You should, however, make sure that you are not pushed over. Do not accept disrespect from people and make it clear to them. Being honest about how you feel may also help the other person understand the pain he caused. And, should they repeat the same thing again while knowing how it makes you feel, you can decide whether to keep a safe distance. Never make a person feel what they did was okay even when it is not.

--- VIDEO #11 --

Title: Recognize that nobody is perfect in this world and forgive.

Messes exist and they are normal which is why we have wipes, air fresheners, mops, soap, and brooms. It's only human to make mistakes and learn invaluable lessons from them. It is common to exaggerate other people's wrongdoings while downplaying or disregarding our own but what if we all stopped to think of the possible ways we may have hurt the offender before we complain so much about how they hurt us?

--- VIDEO #12 --

Title: Forgiveness is about forgiving even when you do not feel like the person deserves it.

Forgiveness is about freeing yourself from resentment, anger, and hatred. It protects you from living a life of frustrations. Therefore, learn to forgive all wrongs. Free yourself from the bondage of bitterness that comes with failing to forgive and learn to forgive even when you feel the wrongdoer doesn't deserve it.

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(Video Scripts)

--- VIDEO #13 --

Title: Just like healing a wound, Forgiveness is a process.

We all know the virtues, health, and psychological advantages of having a forgiving heart. We all want to forgive and be forgiven at some point in life. Forgiving is a healing process, and as we all know it, it takes some time to heal up and each healing process is usually directly linked to the nature of the harm inflicted upon us. Some small wounds heal fast while the deeper ones take time. There is no instant forgiveness just as there is no instant healing. Some time is required for one to fully get over some past wrong.

--- VIDEO #14 --

Title: Take a good look at yourself first before claiming betrayal.

It is common to exaggerate other people's wrongdoings while downplaying or disregarding our own but what if we all stopped to think of the possible ways we may have hurt the offender before we complain so much about how they hurt us? Would it help to recall for a minute, the times that they have loved us enough to look beyond our trespasses against them? In the grand scheme of things, we all are repeat offenders but our mentalities differentiate those who label themselves victims from those who understand how natural this is and consequently take it easy.

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--- VIDEO #15 --

Title: Apologies should be independent of the outcomes.

An apology should be detached from whatever consequence you have to face in the end. You have to honestly acknowledge that a wrong was done, and you have to take responsibility. And you have to apologize not simply because you want to "fix things" but simply because you accept the fact that your act was wrong. This means that you even have to apologize for things that you did and never got caught. This you feel might harm the wronged party but you still have to apologize even if the act was done many years ago.

--- VIDEO #16 --

Title: Remember that forgiving them is not an act of weakness, it is rather an act of courage.

Sometimes we may be considered naïve for forgiving people who do not apologize or show remorse. But, it benefits the one who forgives. This level of forgiving begins with understanding that we live in a society with diverse people facing different challenges. Some are not as mentally and emotionally fit as they may appear or want us to believe. Therefore, expecting some people to care about your feelings, understand you, or to humble themselves enough to apologize may drain you. You can choose to be understanding and forgiving and devise ways to protect yourself from being bullied for your own peace's sake.

The Power & Influence Academy

(Video Scripts)

--- VIDEO #17 ---

Title: You do not need the weight that comes with carrying a grudge.

Failing to forgive prolongs the pain and becomes luggage. Unless someone chooses to break the chain, the pain and hatred are passed on to the next generations. Where there is hatred, there are unnecessary opposition and zero progress. An unforgiving spirit holds us back and causes us to miss out on some of life's beautiful moments that should be achieved and/or celebrated together. As individuals, we focus on the pain and revenge so much that we leave little or no room for things that can improve our lives.

--- VIDEO #18 ---

Title: It is okay to have emotions when you are wronged, as long as you will get past it.

Being angry and resentful is normal especially when wronged. Therefore, do not beat yourself up for feeling the way you do. However, the most important thing to bear in mind is that holding on to such feelings can hinder your progress and stop you from realizing your full potential. Bitterness prevents you from aiming high and reaching your dreams because it keeps you focusing on the wrong that was done as well as the person who wronged you.

--- VIDEO #19 ---

Title: Seek forgiveness and ease the burdens of your heart.

Knowing you have been forgiven is the best thing that can happen to you. It liberates you and allows you to live a guilt-free life. It helps you to mend your relationship and change what needs to be changed. Therefore, instead of constantly feeling guilty about what you have done, seek forgiveness, look for signs that you have been forgiven, make necessary changes, gain back the trust you have lost, and mend your relationship.

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(Video Scripts)

--- VIDEO #20 ---

Title: Address issues and do not be quick to judge.

Find out the reason why the other person did what they did without giving them an attitude. This levels the ground for a proper discussion. Leaving issues hanging creates room for assumptions and hatred. It is possible for the one who wronged you to think that you are the one erred. Talking things out makes it easier to mend relationships and put differences aside.

--- VIDEO #21 ---

Title: Be honest about how you feel and express your opinions.

Some people may not understand how much damage they caused unless you mention it to them. Being honest about how you feel may also prevent having the person put you through the same thing. And, should they repeat when they know how it makes you feel, it gets easier to decide where in your life to place the person. Never make a person feel what they did was okay even when it is not. Also, do not say yes to everything. It is okay to say if you are not ready to forgive and reconcile.

The Power & Influence Academy

(Video Scripts)

21 Power Of Financial Education

--- VIDEO #1: --

Title: The Power Of Financial Education

You can have dreams, goals, and objectives, but all of these may be in vain if you do not manage your finances wisely. Dreams without proper financial planning will remain just dreams.

If you want to achieve anything in life you have to get up and go for it. Your actions can bring you the finer things in life, but they can take it all away if you do not act correctly.

--- VIDEO #2 --

Title: Become financially literate.

The main reason why most people fail to manage their finances wisely is that they haven't realized the importance of financial literacy in attaining success. Recognize the importance of financial education and understand that you need it to create great wealth. Financial education helps you to avoid making common financial mistakes such as overspending and wasteful investments. You are in a better position to create wealth, grow your riches, and reach your money goals because you know how to handle money.

The Power & Influence Academy

(Video Scripts)

--- VIDEO #3 ---

Title: Financial education can buy you success.

Financial education is one of the least taught and least emphasized things in homes, schools, colleges, workplaces, yet, it is the most important skill to master to succeed in life. Financial literacy is the key to success because it helps you to make smart financial decisions, worthwhile investments, and enables you to control your spending habits. It can help you to save, invest wisely, and make purchasing decisions based on what you need as opposed to what you want.

--- VIDEO #4 ---

Title: Invest in financial education.

The best way of attracting financial resources is by valuing financial education and improving your financial literacy. Financial education helps you to understand how to handle your finances, teaches you the most effective methods of growing your money, and empowers you to attract more money. Therefore, invest in it to attract the kind of resources you need to start your business, grow your savings, begin investing, or improve your financial status.

The Power & Influence Academy

(Video Scripts)

--- VIDEO #5 --

Title: Financial education helps you to plan for the future.

You need to have plans for the future and secure a pleasant future for yourself and your loved ones. You achieve this by ensuring you obtain financial security and never worry about money. Financial education helps you to plan for the future and ensures you obtain financial security so you never have to worry about money. Financial literacy takes you from where you are to where you desire to be. You work efficiently with what you earn, find ways of increasing your earning potential, improve your earning potential, manage your money wisely, invest in income-generating assets, and ensure a secure future.

--- VIDEO #6 --

Title: Be transformed by the renewing of your mind.

Financial independence can only become a reality for those who allow a shift in their mindset. Instead of thinking that you are average, invite thoughts that allow you the freedom to be great. Affirm yourself. Tell yourself that you can achieve anything you set your mind to, including financial freedom. Attract abundance into your life by believing that you deserve more. Do not put limits on what you can achieve. Allow your mind to reach into uncharted territory to pull out the greatness in you.

The Power & Influence Academy

(Video Scripts)

--- VIDEO #7 ---

Title: Reject negative thoughts around finances.

When you go through a series of financial upheavals, it is easy to become negative about money. This is why most people dislike conversations about finances. Develop a positive outlook on your financial situation. It may be bad in the current moment, but you have the power to change it. Believing that it is possible to gain financial independence will motivate you to sit down and plan your journey from scarcity to abundance. You have what it takes to make your mark financially. Your skills are worth more. Believe that and take the steps you need to manifest it.

--- VIDEO #8 ---

Title: Time lost is costing you your net worth.

Instead of complaining about how we never get the right opportunities to break through into our destinies, we should reflect on how much time we lose every day. Think about the number of hours you spend online and the content you are getting from it. Is it content that can increase your net worth in the long run? While it is needful to unwind and catch up with friends and the latest trends on social media, be sure that you keep it reasonable. Plan your day in such a way that when it ends, you can find satisfaction in your productive use of time.

The Power & Influence Academy (Video Scripts)

--- VIDEO #9 --

Title: A growth mindset is a key to financial independence.

The more you allow what you do to stretch and challenge you to be innovative, the greater chances you have to make more money. Develop your skills. Invest in yourself and expand the horizon of what you know. Do not allow your mind to settle for comfort. Let it settle for greatness. You deserve more than meager earnings and minimal profits. Develop a positive money mindset as it determines the possibility of your financial independence.

--- VIDEO #10 --

Title: Financial education is not restricted to those with debts.

When you are living from paycheck to paycheck and barely making ends meet, it is easy to make decisions that can lead to debt. Debt must be avoided at all costs. Being debt-free, however, does not mean that you do not need to learn about money and how it works. Everyone with an earning potential can enhance it by learning about money and its operations.

---- VIDEO #11 --

Title: Develop the saving skill.

Everyone experiences financial rainy days. It is only those who make a habit of saving something from their income that survive. If you have goals such as acquiring assets, starting a business, having a wedding, or sending your child to a good school, you will need to save money. Even retirement requires that you save money for you to enjoy it.

The Power & Influence Academy

(Video Scripts)

---- VIDEO #12 --

Title: Plan well into the future to avoid financial storms.

Devising a financial plan for the foreseeable future can help you navigate through murky waters on your financial journey. Knowing how to develop and manage your finances can cushion you from the hit of tough seasons. Financial planning helps you track your money throughout the years. It involves tracking your income and expenditure so you make decisions that help you attain your financial goals.

---- VIDEO #13 --

Title: Financial literacy helps your kids to become responsible adults.

Financial education ensures your child becomes a responsible adult who manages his finances well, secures a pleasant future for his family, and never pours money down the drain. Talking to your kids about money is important because they will grow up knowing the value of not only earning the money you spend or save but managing it appropriately. When your child understands that every dollar counts and that each choice you make about the money you have determines how far you will go in life, what you will become, as well as what you can achieve, he will become the good citizen that you are hoping he will be.

The Power & Influence Academy

(Video Scripts)

---- VIDEO #14 --

Title: Beware of expensive friends.

Our friends and companions can pretty much drag us into bankruptcy. We mostly do anything to please our friends and can do anything to be part of a group. If we hang around people who love to spend too much, people who pretty much compel you to toss it all and use it all, you will find yourself using more than you can afford to. Try to surround yourself with people who encourage you to invest and save, people who encourage you to do something constructive. Try to find friends who do not engage in mindless spending sprees. This will help you not to lose that money very fast.

---- VIDEO #15 --

Title: Understand how money works.

Understanding how money works is the key to ensuring you never pour money down the drain, sink in debt, or make poor financial choices. It helps you to not only use your financial resources wisely but attract more. So, understand how money works, learn smart ways of making your money work for you, keep a record of your finances, study your money habits, know the value of money, and understand the overall impact of specific decisions on your overall finances.

---- VIDEO #16 --

Title: Adopt a positive money mindset.

Your thoughts determine how you act, where you go, what you believe, and how far you can go. If you focus on *“I’m not good enough”* or *“That goal is impossible to reach”*, you will fail to attract any form of abundance or wealth into your life. Adopting a positive mindset, on the other hand, will keep you believing in yourself, motivate you to pursue whatever goal you have, and attract good things into your life.

The Power & Influence Academy

(Video Scripts)

---- VIDEO #17 --

Title: Share your knowledge and solve problems.

The best way of attracting financial resources is by positioning yourself for an opportunity as well as showcasing your work or abilities. You achieve this by sharing your knowledge with others and volunteering to solve problems that are relevant to your field. Showcasing your work, sharing your knowledge, as well as solving problems will bring in new opportunities and help you to form new relationships.

---- VIDEO #18 --

Title: Beware of Bad/Unwise investments.

It is good to invest. In fact, investing is one of the best ways to boost your finances. However, one needs to be very careful when investing. The world today is rampant with many Ponzi schemes and lucrative pyramid schemes that will rob you of your hard-earned cash. Always be vigilant when you are about to invest in something. Research and learn more about it, read and ask for a professional opinion. This will help you know when and how much to invest.

---- VIDEO #19 --

Title: Financial education enables you to secure your retirement.

Financial education is your best investment because it enables you to secure your retirement. You never have to worry about how life will be after you retire. You can maximize your retirement savings, buy that mansion you have your eyes on, continue growing your wealth years after retiring without lifting a finger, and enjoy your retirement knowing you don't have to worry about money.

The Power & Influence Academy

(Video Scripts)

---- VIDEO #20 --

Title: Have absolute control, Set financial goals.

A lot of us go through life with no vision of our financial future beyond the desire to make more money. When you set financial goals, you articulate your desire for financial independence. You paint a picture of your financial journey for the foreseeable future. It also becomes easier to devise a plan of action to attain those goals. Once you outline your map, you can assess the best route to your financial destination.

--- VIDEO #21 --

Title: Work with what you have.

One of the most effective ways of attracting financial resources is by working with what you have. So, use your currently available resources such as your skills, available funds, current job, or other assets. Knowing where you are and working with what you have to get what you desire to have is by far the smartest way of advancing as well as guaranteeing more of what you want.